

LO 1 Strength & Growth

I can say that I have definitely seen improvement and growth since the beginning of the LAS programme. Especially when it comes to my drawing skills. ~~at the beginning~~ I noticed a significant change in my nail skills. At the beginning it was visible that I was a beginner but after some time my methods became more professional.

physically stronger, accomplished baker, would love to improve strength & stamina as well as embroidering skills (my goal)

I attend workshops organized by Bury MIA Foundation where I learn about disabilities and create some hand-made stuff.

I've been playing tennis, consistently working on my serve, which had been my worst shot.

LO 2 Challenge & Skills

learnt new skills (CERAMICS); trying new recipes at cooking/baking; pushing my limits at the trainings

I challenged myself to do more activity & squeeze it more. This ~~was~~ also meant improving my skills as it ~~would~~ helped me get better quicker and be more disciplined.

I challenged myself to prepare English classes for children in kindergarten as my CAS project. It was a challenge for me because I don't like children and it was hard for me to teach kids ~~that~~ that weren't behaving properly.

I've learned Blender, having zero experience in 3d programs before. I challenged myself in creating as much ~~as~~ as I can to grow faster

While running my YouTube channel, I learned how to cut videos.

L03 Initiative & Planning

I organized Christmas cheese sale in the school.

I presented Bury Miss Foundation to the younger classes.

I did a big solo "project" in creativity strand which required planning and followed by ~2 months of execution

I have shown initiative and planning in my CAS project and while teaching English for service

I organized English classes for the kids in kindergarden

I have initiated & helped initiating / planning several Service experiences for students; I organized a fundraiser for

@takiedruecko.

L04 Collab with others

I helped to organize Polnocna Pizka run with the students from my school.

I decorated school with my classmates.

I engage in CAS project

I collaborated with others in my CAS project, as well as through teaching English for my service strand

I collaborated with people during the organization of CAS Project

Cooperating with multiple charity organizations looking for volunteers for them.

LO5 Perseverance & Commitment

most activities were part of life before this program, and were something I was willing to do, so I was devoted to them from the start

proud of myself for continuing with my fitness trainings for another year!

I think I have shown commitment & perseverance in all of my strands, ~~to all of them~~

I've been regularly attending martial arts trainings for over a year. I regularly meet with my charges.

LO6 Global Engagement

sending letters to polit. prisoners in another country. Situation there not only affects people inside, but also those living in neighbouring states

promoting the idea of relief care & for the carers* of the disabled & social inclusion of the disabled
(KIOS, LABORATORIUM MARZENI, OGNIK)

going to Ognik and helping them in organizing events and socialising with the students from Ognik

By going to the ZUPA NA GRONNYM, I help people who are affected by homelessness.

I organize time for charges so that their parents can be freed for a while. I also create a website dedicated entirely to Computer Science IBDP course.

LO7 Ethics of Choices & Actions

• I always consider how a given Service experience will affect ME, so that I can be sure I will be able to actually go ahead with it and take a full responsibility for my obligations (I did help out with the refugees and ppl with disabilities, but not with terminally ill children despite the training I underwent)

• I think I've met the LO7 in my ~~creativity~~ creativity strand. ~~the~~ For instance, when I take figure drawing classes we always have a model posing for us. However the class is only 4 hrs and it is never enough to finish and so I always ask the model for permission to take the photo. ~~the model just poses~~

I created resources for studying Computer Science, rather than doing exercises for other people.

Sending letters to polit. prisoners means taking into account their mental state: they are in extreme conditions and can be very sensitive to what you write to them

When I go to the ZUPA NA GŁÓWNYM I always show respect to the homeless people, as well as to the organizers.